

Prevention Through Intervention

Occupational Health Clinics for Ontario Workers are dedicated to the identification and prevention of work-related injuries and illnesses. This includes musculoskeletal disorders, cancer and other diseases from workplace exposures and stress-related illnesses.

OHCOW provides medical, hygiene, ergonomic and health assessments for Ontario workers and workplaces. Staffed by an inter-disciplinary team of nurses, hygienists, ergonomists, coordinators and contracted physicians, each OHCOW clinic provides comprehensive occupational health services and information.

OHCOW is governed by a volunteer Board of Directors. At the local level each of the seven clinics has a volunteer Local Outreach Committee.

Education plays a central role in OHCOW's prevention activities. Workshops and presentations tailored to specific workplace issues may be developed and delivered.

At the core of each clinic are dedicated staff trained in occupational health, who are available to provide expert analysis for a full range of work-related illnesses.



Contact

Toll Free: 1-877-817-0336

Provincial Office

1090 Don Mills Road,
Suite 606
Toronto, ON
M3C 3R6
Tel: 416-510-8713

South Central Region

Hamilton Clinic

21 Hunter Street East,
Suite 200
Hamilton, ON
L8N 1M2
Tel: -905-549-2552
Fax: 905-549-7993

Eastern Region

Ottawa Clinic

1545 Carling Ave.,
Suite 110
Ottawa, Ontario,
K1Z 8P9
Tel: 613-725-6999

South Western Region

Sarnia Clinic

171 Kendall Street
Point Edward, ON
N7V 4G6
Tel: 519-337-4627
Fax: 519-337-9442

Northern Region

Sudbury Clinic

432 Westmount Ave,
Unit AB
Sudbury, ON
P3A 5Z8
Tel: 705-523-2330
Fax: 705-523-2606

Central Region

Toronto Clinic

1090 Don Mills Road,
Suite 606
Toronto, ON
M3C 3R6
Tel: 416-510-8713

North Western Region

Thunder Bay Clinic

2813 Arthur St. East,
Suite 102
Thunder Bay, ON
P7E 5P5
Tel: 807-623-3566
Fax: 807-622-5847

South Western Region

Windsor Clinic

3129 Marentette Avenue,
Unit 1
Windsor, ON
N8X 4G1
Tel: 519-973-4800
Fax: 519-973-1906

Occupational Health Clinics for Ontario Workers



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Find us on social media:



WEBSITE: ohcow.on.ca EMAIL: ask@ohcow.on.ca



OHCOW

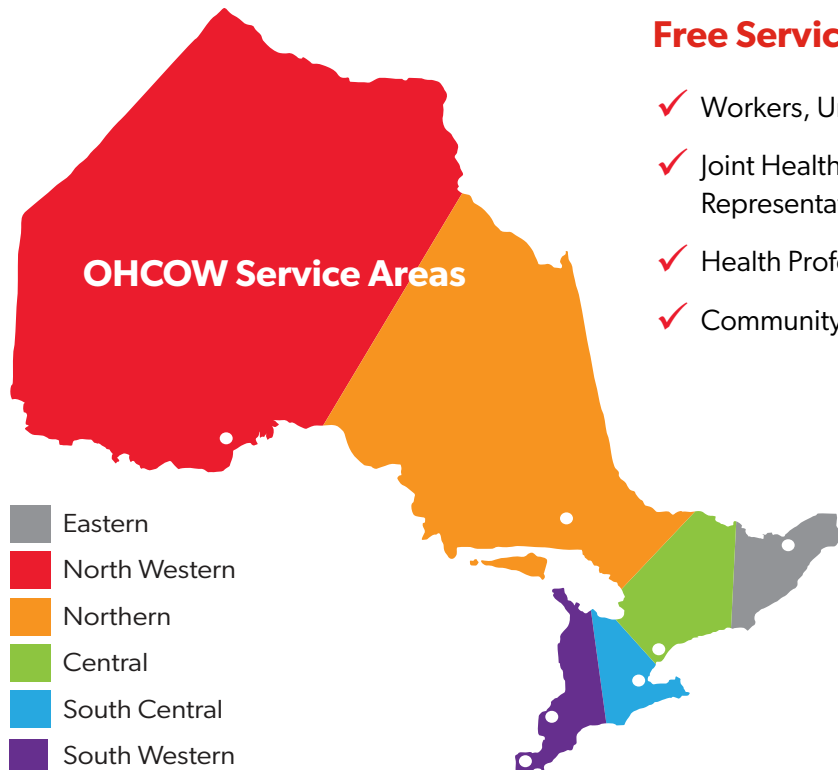
Occupational Health Clinics
for Ontario Workers

Centres de santé des
travailleurs (ses) de l'Ontario

Who We Are

Throughout the 1970's and 1980's workers in Ontario became increasingly aware of the toll of injury and disease caused by dangerous and unhealthy working conditions. A groundswell of opinion demanded more effective diagnosis of work-related health problems and effective prevention strategies.

OHCOW was established in 1989 by the Ontario Federation of Labour (OFL) and is funded through the Ministry of Labour, Immigration, Training and Skills Development (MLITSD). The first clinic opened in 1989 in Hamilton, with subsequent clinics opened in Toronto, Windsor, Sudbury, Sarnia, Thunder Bay and Ottawa.



OHCOW Provides Five Types of Services

- 1 Medical diagnostic review for workers who may have work-related health problems
- 2 Group service for joint health and safety committees and groups to deal with workplace conditions that affect more than one worker
- 3 Inquiry service to answer questions about exposures and possible workplace hazards
- 4 Outreach and education to generate public awareness about health and safety issues
- 5 Research service to investigate and report on illnesses and injuries to improve working conditions

Free Services Offered to...

- ✓ Workers, Unions, Employers, Students
- ✓ Joint Health & Safety Committees and Representatives
- ✓ Health Professionals, Legal Clinics
- ✓ Community Groups, General Public

OHCOW Can Help If...

- ✓ You think something about your work is putting you or your co-workers' health at risk
- ✓ You need occupational health and safety information
- ✓ Several people at your workplace have similar health problems
- ✓ Your Joint Health and Safety Committee has found a problem and needs help resolving it

Contact

TOLL FREE: 1-877-817-0336

WEBSITE: ohcow.on.ca

EMAIL: ask@ohcow.on.ca

