

**Essential Public Services,  
Essential Workers' Health:**  
Union-based Initiatives to Protect the Mental  
Health of Young Public Transport Workers  
Unifor Road Transportation Council

Krista Lee Hanson

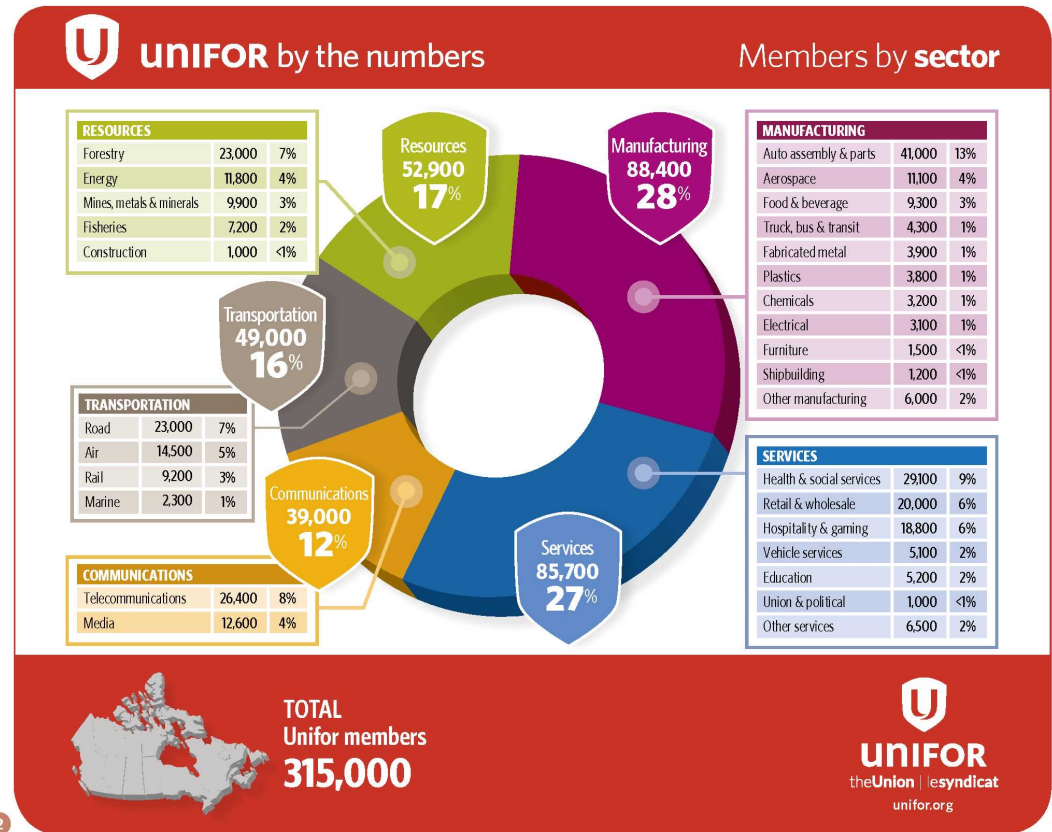
May 17, 2023



**UNIFOR**

# Unifor

Unifor is Canada's largest private sector union representing 315,000 workers, from every sector of the economy, coast to coast to coast.



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# Existing Structural Supports

## **National Level**

Constitution

## **Regional/Provincial Level**

Regional Bylaws

## **Local Level**

National Constitution & Local Bylaws



# Constitution – Canada Council

The Canadian Council shall establish Standing Committees with respect to Women, Aboriginal and Workers of Colour, Young Workers, Lesbian, Gay, Bisexual and Transgender issues (LGBT), Workers with Disabilities, Health and Safety and Environment (HSE), Political Action and other Committees as determined by the Executive of the Council. These committees will be composed of representatives of the respective standing committees of the regional and Quebec Councils. The process for selecting additional members to the Standing Committees shall be described in the By-Laws. The selection of members to the Standing Committees on Women, Aboriginal and Workers of Colour, Young Workers, Lesbian, Gay, Bisexual and Transgender issues (LGBT) and Workers with Disabilities, shall include a provision for peer election.

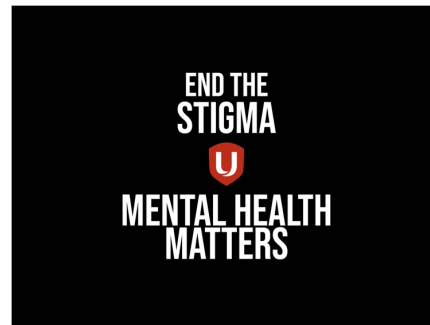


# Constitution – Provincial Level

Each Regional Council and the Quebec Council will establish standing committees with respect to Women, Aboriginal and Workers of Colour, Young Workers, Lesbian, Gay, Bisexual and Transgender Workers (LGBT), Workers with Disabilities, Health, Safety and the Environment (HSE), Political Action, Employee and Family Assistance Program Committee (EFAP) and other committees as determined by the Executive of the Council

# Provincial Standing Committees

## Letters & Resources for Mental Health Awareness Week



<https://www.unifor.org/news/all-news/support-mental-health-awareness-may>



# Constitution – Local Level

1. A Local Union should establish the following Standing Committees:

- Constitution and By-Laws
- Education
- Environment
- Recreation
- Community Services
- Human Rights
- Lesbian, Gay, Bisexual and Transgender Workers (LGBT)
- Aboriginal and Workers of Colour
- Workers with Disabilities
- Union in Politics
- Women's
- Young Workers
- Health and Safety
- Employee and Family Assistance Program Committee (EFAP)

# Social Opportunities

**UNIFOR LOCAL 444 RECREATION COMMITTEE**

## DISCOUNT DAYS



**GENERAL ADMISSION \$55.00 cash**  
( Taxes included with 444 discount  
Ages 2 and under FREE )

**DISCOUNT DAYS:**  
Discounted tickets may be used on the following days:  
June 17  
July 1, 2, 15, 16, 20  
August 5, 6, 19, 20, 22, 23, 26, 27  
September 1, 2

**ALL OTHER DAYS:**  
Discount tickets may be used on all other days, by paying an additional \$10 USD at the admission gate.  
Discounted tickets are good from May 8 - September 10, 2023

**Center Point Tickets Available for Sale at:**  
UNIFOR LOCAL 444 HALL  
1855 Turner Road  
Monday - Friday 9:00 am - 12:00 & 1:00 - 4:00 pm  
Office shutdown from August 2-27, 2023

**DEBIT/CREDIT/CASH**

Dave Baker  
Chairperson, Recreation Committee  
UNIFOR 444

Dave Cassidy  
President  
Local 444 Unifor

## ATTENTION LOCAL 444 UNIFOR MEMBERS DISCOUNT COUPON




**2023 COUPON \$7 off**

VALID MAY 20 TO OCTOBER 6, 2023

**\$7 Off**

PLEASE VISIT THE LOCAL 444 WEBSITE OR FACEBOOK TO ACCESS AND PRINT YOUR COUPON

[WWW.LOCAL444UNIFOR444.CA](http://WWW.LOCAL444UNIFOR444.CA) FACEBOOK @ LOCAL444UNIFOR

**COUPON MUST BE PRINTED AND PRESENTED** to an admissions cashier at the time of ticket purchase to receive discount. This offer is not valid on tickets purchased online. Maximum 6 guests per coupon.

DAVE CASSIDY  
PRESIDENT  
LOCAL 444 UNIFOR

DAVE BAKER  
CHAIRPERSON, RECREATION COMMITTEE  
LOCAL 444 UNIFOR

/dr-un1240

LOCAL 444 UNIFOR RECREATION COMMITTEE PRESENTS...



**SUNDAY, AUGUST 27, 2023 - 1:40 PM GAME**  
Comerica Park - Lower Bowl Seating

**LIMITED TICKETS AVAILABLE (100 ONLY)**  
ON SALE UNTIL SOLD OUT  
**\$45 CANADIAN**  
Available to 444 members only

**TICKET SALE LOCATION:**  
Local 444 Unifor  
1855 Turner Rd.,  
from  
8:00 am - 4:00 pm

No refund on tickets ordered.  
MLB APP required to transfer tickets.  
For further information call Dave Baker at 519-973-2192

Dave Cassidy  
President  
Local 444 Unifor

Dave Baker  
Chairperson, Recreation Committee  
Local 444 Unifor

/dr-un1240

**LOCAL 444 UNIFOR**

## 46<sup>TH</sup> ANNUAL CHARLES BROOKS GOLF TOURNAMENT

(1977 - 2023)

**SUNDAY, JUNE 11, 2023**

Roseland Golf

**\$150 per person**

(includes golf, meal, cart and draw prizes)

**Four (4) person scramble format**

Applications are now available in your workplace union office or at the Hall. Registration guidelines are provided with your registration form. You must be a member of Local 444 to participate. Registration is by CASH ONLY (no personal cheques).

**REGISTER AT**

Local 444 Unifor Hall  
1855 Turner Rd.,

**Office Hours:**

Monday-Friday  
8:00 am - 12:00 noon &  
1:00 pm - 4:00 pm

**REGISTRATION DEADLINE**

Friday, April 28<sup>th</sup>, 2023

**LOTTERY DRAW** for tee-off times will be held **SUNDAY, MAY 7<sup>th</sup>** at 9:00 am at 1855 Turner Rd. All tickets must be picked up by Thursday, May 11<sup>th</sup>. Unclaimed tickets will be resold!



Dave Cassidy  
President  
Local 444 Unifor

Dave Baker  
Chairperson  
Recreation Committee  
Local 444 Unifor

*"Like Twigs, we can be broken one by one, but together we become a bundle that nothing can break." - Charles Brooks*

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**LOCAL 444 UNIFOR RECREATION COMMITTEE**

## CORNHOLE TOURNAMENT

**SUNDAY, MAY 7<sup>th</sup>, 2023**

**\$30 TEAM**  
(Single entries welcomed and will be paired with another single entry)  
**\$15 per person**

**STARTS AT 11 AM**

**PRIZES AWARDED TO TOP 3 TEAMS**

Please register at:

Local 444 Unifor  
1855 Turner Rd.,  
8 am - 12 noon  
1 pm - 4 pm

**REGISTRATION DEADLINE**

FRIDAY, APRIL 28, 2023

Tournament will be held in the Local 444 Parking Lot and record indoors if raining.

Dave Cassidy  
President  
Local 444 Unifor

Dave Baker  
Chairperson  
Recreation Committee  
Local 444 Unifor

**CORNHOLE TOURNAMENT**

/dr-un1240





**Big Gay BBQ 3:  
Veggie Burger Drift**

BCRC Pride Committee's  
**Big Gay BBQ**  
@ Queen's Park  
New Westminster  
**Family Friendly**  
**Allies Welcome!**

The food is free, but cash donations to Rainbow, Redesign and Save Community Food Bank will be accepted at the event.

**May 13  
2023  
12:00-15:00**

**OUT LOUD**

Unifor Local 707 United Way

**JUNE 10** | 475 North Service Road E. Oakville

**ENTRANCE \$20**

**Doors open: 7:30Pm - 1Am**  
Hosted by Alex Pollard

Drag artists:  
Boa  
Baby Bel Bel

And Singer/Songwriter Darcy Feaver  
Hammer DJ services

Angel's wings Devil's Postline Food Truck  
Dancing!

**Buy tickets Now!**

Call or email for tickets at:  
Maiken mfoxcroft@gmail.com or 289-259-7545  
Laura at Lauralpanther@gmail.com or 519-670-7506

**Cash Only Event!!!**

# Education:

- New 200 minutes added to 3 day classes
- Stand alone 1 day
- Part of every educational
- Stand Alone Materials



# Mental Health

200 minutes

**UNIFOR** Education

**EDUCATE** **EMPOWER** **ACT**



# Session Objectives

Our mental health session is intended to:

- open up some dialogue about mental health in the workplace;
- learn about tools and resources to support our members;
- provide some skill building active listening and making referrals;
- review our obligations and responsibilities as reps;
- collectively develop action plans to scenarios.



# Mental Health Matters

This is an important program for union representatives and local union officers who want to learn how to support and represent members who are dealing with mental illness, including addiction. The program will provide a foundation to better understand mental illness and will engage participants in how to effectively refer members to appropriate services. Participants will learn about the duty to accommodate as it applies to workers with mental illness, including dependency issues, and the rights and duties that apply to the employer, the union, and the individual worker.

We will look where improvements can be made to collective agreement language to support members when they are at their most vulnerable and discuss ways in which to shift from a culture of fear and avoidance to a culture of empathy and true solidarity in our workplaces.

We will tackle issues that are complex and often uncomfortable, but this program aims to navigate participants through this tough topic and supply the tools required for their role in the union.

## **Program Duration**

1 Day



# Bargaining Language

- Model language for Mental Health Reps
- Paid Mandatory training
- Model language for benefits

A thick, red, glossy ribbon graphic that curves from the top left towards the center of the slide.

President, Unifor Road Transport Council

**Krista Lee Hanson**

kristaleehanson111@gmail.com