

# INTERNATIONAL ASSOCIATION OF FIRE FIGHTERS



## Fire Fighter Cancer Risk

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# Introduction

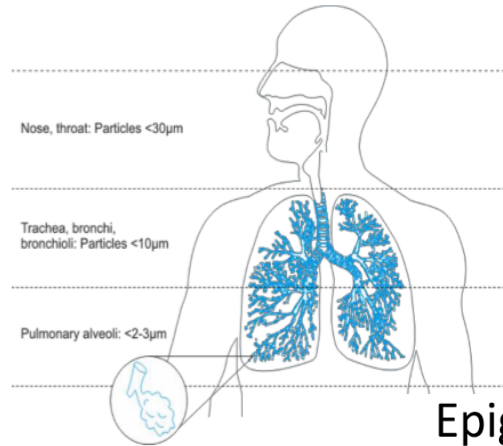
- Fire Fighter Exposure Characterization
- Evidence Based Action
- New Areas of Focus
- Commitment from Leadership
- New and Existing Partnerships



# If it's in the air or on skin it is in the body

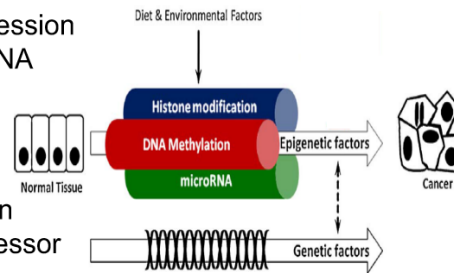
## Potential Routes of Exposure: Inhalation

- Particles, gases and vapors
- Particles
  - If inhaled, particles *can* deposit in the respiratory tract
  - Deposited particles may be ingested, translocate to blood and/or other organ systems



## Epigenetic Changes

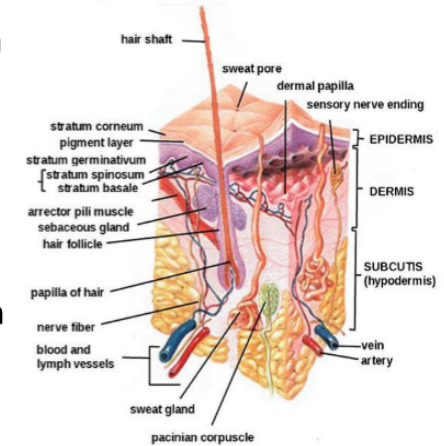
- Change in gene expression without changes in DNA sequence
- Profound roles in carcinogenesis
- DNA hypermethylation silences tumor suppressor genes
- miRNA: small molecules that control gene expression
  - Can act as oncogenes or tumor suppressor genes



Link et al. Biochem Pharmacol 2010;80:1771-92.

## Potential Routes of Exposure: Dermal

- Some liquids, vapors and gases can be adsorbed directly through skin
- Possible for solid particles
  - Studies inconclusive
  - Sufficiently small (nm)
  - Flexed, damaged, diseased skin
- Surface area of respiratory system ~ **80x** that of skin
- Rate of absorption vs. skin?



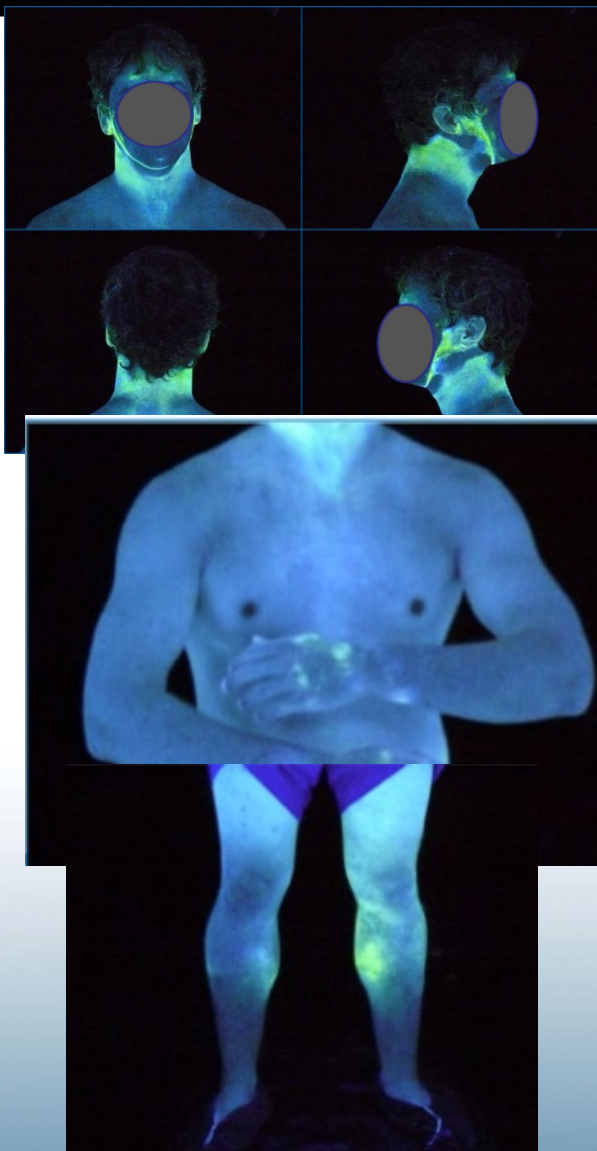
# ALL personnel on-scene are at-risk

Unseen Risk - 97% of particulate found during overhaul  
is invisible to the human eye





# Absorption varies



## Hydrocortisone relative absorption<sup>3</sup>

Plantar foot arch	1
Lateral ankle	3
Palm	6
Ventral forearm	7
Back	12
Scalp	25
Forehead	43
<b>Jaw angle</b>	<b>93</b>
Scrotum	300



# Elevated Awareness

International Agency for Research on Cancer



## IARC MONOGRAPHS VOL. 132: OCCUPATIONAL EXPOSURE AS A FIREFIGHTER

Occupational exposure as a firefighter is **carcinogenic to humans (Group 1)** on the basis of **sufficient evidence for cancer in humans**



The IARC Monographs classification indicates the level of certainty that an agent can cause cancer (*hazard identification*)

Higher level of certainty      Lower level of certainty



Cancer types with **sufficient evidence** for cancer in humans:



Mesothelioma      Bladder cancer

Cancer types with **limited evidence** for cancer in humans:



Colon cancer      Prostate cancer      Testicular cancer      Melanoma of the skin      Non-Hodgkin lymphoma

### Strong mechanistic evidence in exposed firefighters



Exposures of firefighters include combustion products, diesel exhaust, building materials, asbestos, chemicals, shift work, ultraviolet radiation



### Firefighters respond to various types of fire



Structure



Wildland



Vehicle



# Increased Focus

- PFAS in various products and turn-out gear
- Flame Retardants in Uniforms
- Station and Apparatus Contamination
- PPE and Uniform Laundering





# IAFF - Resolution 56

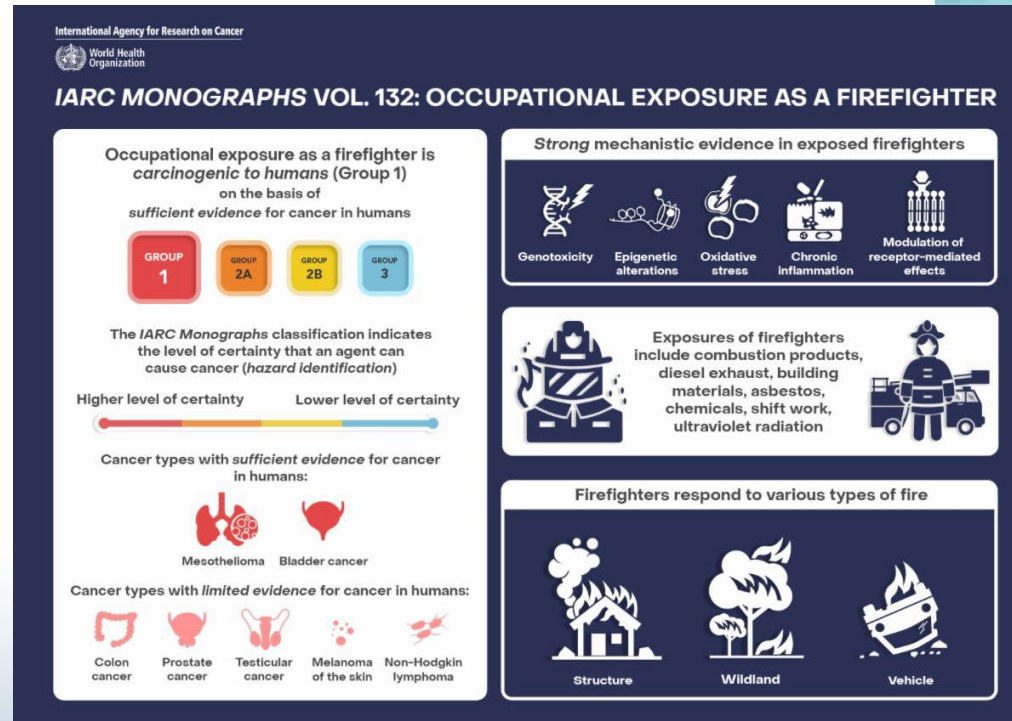


- Expanding funding for Cancer Research
- Committee oversight
- Resounding membership support



# Partnerships

- Cancer Advocacy
  - ACS / CCS
  - FCSN
  - IARC
  - Health, Safety & Medicine



# Industry Standards

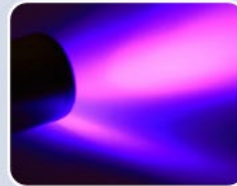
## NFPA

## 1971 Hazardous Substances Task Group

## 1970 Consolidation

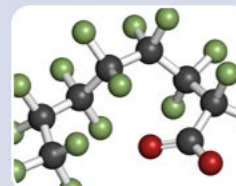
- Next Edition changes
- Public Comment

### Implemented First Revisions



#### Remove UV Light Test

Address UV exposure as precondition to other tests



#### Restricted Substances Disclosure

Report target substances of key materials in element



#### Determine Ease of Cleaning

Report efficiencies for removing contaminants



#### Quantify Leachable Substances

Measure chemicals released by materials



#### Assess Repellency Properties

Measure runoff and penetration of chemicals



# Investigating New Research Partnerships

## PFAS and Interventions

- Partnering
- Feasibility
  - funding
  - capacity
  - program management
  - cohorts



**FIREFIGHTER  
CANCER  
INITIATIVE** RESEARCH > EDUCATION > PREVENTION

**RESEARCH PROPOSAL:**  
Evaluating Blood and Plasma Donation on Levels of  
Perfluoroalkyl and Polyfluoroalkyl Substances in  
American and Canadian Firefighters: A Randomized Clinical Trial

Tuesday, August 30, 2022





# Medical Expert Pilot Program



## Occupational Illness case denial action:

- JHU and IAFF resources
- Medical and Claim review
- Letter of Presumption or Causation
- Video deposition
- In-person testimony





# Summary

## IAFF Science & Research

- Supporting fire fighter health research
- Translating new scientific findings to recommendations
- Fostering relationships with academia, and providing a presence in regulation and standards
- Providing deliverables to individuals and the larger membership



# Canadian Fire Fighter LODD since 1950

- **30% of deaths in Canada are the result of Cancer**

— Statistics Canada

- **86% of Canadian Firefighters deaths are from Cancer**

– University of the Fraser Valley 2018

