

**ARE
YOU**

HURT or SICK BECAUSE OF YOUR JOB?

Many* workers have a right to:
compensation for
lost wages or
medical costs if you
get hurt or sick
because of your job.

* Ask if your employer is covered by the WSIB.
If not, they may have other insurance.

Follow these steps:

1



Tell your employer –
however small it seems.



Tell your co-workers too,
if that feels right or if it's
COVID.

2



Get medical help right away
at a community health centre,
walk-in clinic, or hospital.

Inform your healthcare provider
that the situation is
work-related and that you
would like to file a WSIB claim.

3



Tell the Ontario WSIB*

Call: **1-800-387-0750**

When you reach an agent, ask for the language you need.

Or visit: **wsib.ca**



*Workplace Safety and Insurance Board

Ask OHCOW, a community group, legal aid clinic (or your consulate*) for help to make a claim.

*if you are a temporary foreign worker

What happens next:



**Your employer and doctor
also must fill out forms
about your case.**
Ask for copies.



**If approved, benefits include
replacing wages, medical
expenses* and more.**

* both here or in your home country



**If your claim is turned
down, you can appeal.**
Legal aid clinics help
with this.


[See contact information below]



**If you need medical
information or help,**
OHCOW is set up to do
that for workers.

Occupational Health Clinics for Ontario Workers Inc.
OHCOW
.on.ca

1-877-817-0336

 **ask@ohcow.on.ca**

IAVGO

Community Legal Clinic

1-866-521-8535*

 **www.iavgo.org**

Local Legal Aid Clinic

Find the nearest one:

1-800-668-8258*

 **www.legalaid.on.ca/legal-clinics/**

* Ask to speak to someone in your language.