

SUPPORTS AND SERVICES FOR INTERNATIONAL AGRICULTURAL WORKERS



Community Connection and Support

Niagara Migrant Workers Interest Group (NMWIG)

Health fairs, events, information, service connection

- WhatsApp: +1-289-969-5012
- Email: nmwig.se@gmail.com
- Follow their Facebook page: [search/click: 'Niagara Migrant Workers Interest Group'](#)

Southridge Community Church

Farm visits, social events, personal support, Caribbean drop-in centre

- WhatsApp: +1-905-351-9222
- Email: ndirks@southridgechurch.ca

Niagara Workers Welcome

Welcome kits, concerts, recreational events

Contact: Jane Andres

- WhatsApp: +1-289-407-8679
- Email: niagaraworkerswelcome@gmail.com
- Follow their Facebook page: [search/click: 'Niagara Workers Welcome'](#)
- www.workerswelcomeniagara.com

Caribbean Workers Outreach Program (CWOP)

Pastoral care and Social events

Contact: Donna Brown

- WhatsApp: +1-905-394-0125
- Follow their Facebook page: [search/click: 'Caribbean Workers Outreach Program \(CWOP\)'](#)

Niagara Community Legal Clinic

Employment, Human Rights, Immigration, WSIB, Pension Benefits, Income Maintenance Issues, Housing Issues, Tax Issues

- Call: 905-933-8182
- WhatsApp: +1-905-933-8182
- Follow their YouTube channel: [search/click: 'Niagara Community Legal Clinic'](#)

Gateway Community Church

Spiritual care and encouragement, resources and information, COVID-19 care kits, transportation, social activities, clothing, groceries and hot meals

- Email: migrantworkers@gatewaynotl.com
office@gatewaynotl.com
- Call: 905-468-8971



Health Care Services

Quest Community Health Centre

Primary health care services, health promotion and community capacity building initiatives

- Call: Moises Vazquez 905-688-2558 Ext. 309
- WhatsApp: Moises Vazquez +1-905-328-1546
- Follow their Facebook page: [search/click: 'Quest Community Health Centre'](#)

Southridge Community Church

Free and confidential health clinics for migrant farm workers

- WhatsApp: +1-905-351-9222
- Email: ndirks@southridgechurch.ca

Cornerstone Community Church (with Quest CHC)

2 health primary health clinics per month, no OHIP required, accessible hours. Interpreters are available during clinics

- Call: 905-468-7155
- WhatsApp: Moises Vazquez +1-905-328-1546

Telehealth Ontario

Call for health advice or information, 24/7
It is free and confidential

- Call: 1-866-797-0000
- Once you have reached a telephone agent, you can ask for services in other languages

Positive Living Niagara

Provides free safe sex supplies (condoms, etc.), HIV home test kits, sexual health information and referrals
All services are confidential. Delivery of supplies available, contact Mutsa to request

- Call: Mutsa Charamba 289-407-9760
- WhatsApp: Mutsa Charamba +1-289-407-9760
- Email: mcharamba@positivelivingniagara.com



Workplace Health and Safety Support

Occupational Health Clinics for Ontario Workers (OHCOW)

Occupational Health and Safety information and support

- Call/WhatsApp: +1-289-684-2821
- Email: mfw@ohcow.on.ca
- Follow Us on Facebook [search/click: OHCOW Ag-Program](#)

Workplace Safety & Prevention Services (WSPS)

Health and Safety information and Training:
Agriculture & Horticulture Safety Centre

- www.wspcs.ca/agriculture-safety-centre

WSIB

For injury or illness at the workplace (including COVID-19) you are eligible to receive benefits and services if your claim is authorized.

- Call toll free: 1-800-387-0750
- Info guide: [Click Here](#)
- COVID Video: [Click Here](#)

Ontario Ministry of Labour, Training and Skills Developing (MLTSD)

If conditions at your workplace are unsafe

- Call: +1-877-202-0008
- Press 2 to report a complaint (including COVID-19 concerns)
- Once you've reached a telephone agent, you can ask for services in other languages
- Info poster (click): [Health & Safety at Work \(ontario.ca\)](#)

If you have a problem with your pay, your hours of work, or if you are being treated unfairly

- Call: +1-800-531-5551
- Once you've reached a telephone agent, you can ask for services in other languages
- Info poster (click): [Employment Standards in Ontario](#)



Getting Help for Stress and Worry

Watari Migrant 2 Migrant Program

Telephone support & free counseling services

- Call: 236-858-5562
604-782-5084
- Follow their Facebook page: [search/click: 'Watari Counselling and Support Services'](#)

ConnexOntario

FREE service that is available to listen, provide support, and connect you to other services in your region

- Call: +1-866-531-2600
- Available 24/7
- Interpretation support available, ask for your language of preference

Canadian Mental Health Association Niagara

Provides information, presentations, and workshops and can connect you to other local services and supports

- Call: 905-641-5222
- WhatsApp: +1-226-935-7772
- Follow their Facebook page: [search/click: 'Canadian Mental Health Association, Niagara Branch'](#)



Reporting Situations of Abuse or Emergency

If you are facing abuse as a temporary foreign worker call Service Canada's telephone tip line

- Call: +1-877-202-9448
- Once you have reached a telephone agent, you can ask for services in other languages

In An Emergency Call 911 (Ambulance, Police, Fire)

Translators are available 24/7 in over 240 languages

- Call: 9-1-1

If you think that you, or someone you know, are a victim of human trafficking call the Canadian Human Trafficking Hotline toll-free

- Call: +1-833-900-1010
- Hotline Response Advocates are available 24/7