



SUPPORTS AND SERVICES FOR INTERNATIONAL AGRICULTURAL WORKERS



Community Connection and Support

Migrants Matter, Flamborough

Connecting workers with appropriate resources and pastoral care. Promoting community awareness, inclusivity, fellowship and participation. Coordination of activities with local faith agencies. Coordination of physical resources when available

- Call: Terry Sciamonte 289-700-4305
- Follow their Facebook page: [search/click: 'Migrant Matter, Flamborough'](#)
- WhatsApp: +1-289-700-4305
- Assistance in Spanish:
- Call or WhatsApp: Paula Rodriguez 905-902-8797

Legal Aid Ontario

Find the nearest legal aid office

- Call Toll-Free: 1-800-668-8258
- Monday to Friday from 8 a.m. to 7:30 p.m.
- Once you have reached a telephone agent, you can ask for services in other languages

Lynden Friends of Farm Workers

Food drops, gift bags, bicycles and community meals. English language learning services

- Call: Ella Haley 226-802-2801



Health Care Services

Telehealth Ontario

Call for health advice or information, 24/7. It is free and confidential.

- Call: 1-866-797-0000
- Once you have reached a telephone agent, you can ask for services in other language



Workplace Health and Safety Support

Occupational Health Clinics for Ontario Workers (OHCOW)

Occupational Health and Safety information and support

- Call/WhatsApp: +1-289-684-2821
- Email: mfw@ohcow.on.ca
- Follow Us on Facebook [search/click: OHCOW Ag-Program](#)

Workplace Safety & Prevention Services (WSPS)

Health and Safety information and Training: Agriculture & Horticulture Safety Centre

- www.wpsps.ca/agriculture-safety-centre

WSIB

For injury or illness at the workplace (including COVID-19) you are eligible to receive benefits and services if your claim is authorized.

- Call toll free: 1-800-387-0750
- Info guide: [Click Here](#)
- COVID Video: [Click Here](#)

Ontario Ministry of Labour, Training and Skills Developing (MLTSD)

If conditions at your workplace are unsafe

- Call: +1-877-202-0008
- Press 2 to report a complaint (including COVID-19 concerns)
- Once you've reached a telephone agent, you can ask for services in other languages
- Info poster (click): [Health & Safety at Work \(ontario.ca\)](#)

If you have a problem with your pay, your hours of work, or if you are being treated unfairly

- Call: +1-800-531-5551
- Once you've reached a telephone agent, you can ask for services in other languages
- Info poster (click): [Employment Standards in Ontario](#)



Getting Help for Stress and Worry

Watari Migrant 2 Migrant Program

Telephone support & free counselling services

- Call: 236-858-5562
604-782-5084
- Follow their Facebook page: [search/click: 'Watari Counselling and Support Services'](#)

Barrett Centre for Crisis Support

In-person mental health support. Stay at the centre for 3-5 days and receive more care and attention

- Call: 905-529.7878 - **24-Hour Crisis Line**
+1-844-777-3571
- Translation available, ask for your language

Crisis Outreach and Support Team (COAST)

Mental health crisis support and mental health assessment over the phone and in-person

- Call: 905-972-8338

ConnexOntario

FREE service that is available to listen, provide support, and connect you to other services in your region

- Call: +1-866-531-2600
- Available 24/7
- Interpretation support available, ask for your language of preference



Reporting Situations of Abuse or Emergency

If you are facing abuse as a temporary foreign worker call Service Canada's telephone tip line

- Call: +1-877-202-9448
- Once you have reached a telephone agent, you can ask for services in other languages

In An Emergency Call 911 (Ambulance, Police, Fire)

Translators are available 24/7 in over 240 languages

- Call: 9-1-1

If you think that you, or someone you know, are a victim of human trafficking call the Canadian Human Trafficking Hotline toll-free

- Call: +1-833-900-1010
- Hotline Response Advocates are available 24/7