



SUPPORTS AND SERVICES FOR INTERNATIONAL AGRICULTURAL WORKERS



Community Connection and Support

Durham Region Migrant Worker Ministry (DRMWM)

Church services and other spiritual supports

- Call or WhatsApp: Reverend Augusto +1-416-886-4482
- Follow their Facebook page: [search/click: 'Durham Region Migrant Worker Ministry'](#)

Legal Aid Ontario

Find the nearest legal aid office

- Call Toll-Free: 1-800-668-8258
 - Monday to Friday 8 a.m. to 7:30 p.m.
 - Once you have reached a telephone agent, you can ask for service in other languages

Durham Region Migrant Worker Solidarity Program (ACDR)

Bilingual services. Provides information, support, and community connections

- Call/WhatsApp: Elizabe 289-645-7885
- Call: Cristina 289-939-0765
- Check out their website: [search/click: migrantworkerdurham.com/migrant-workers](#)



Health Care Services

Brock Community Health Centre (CHC)

You **do not need** a health card (green-OHIP- card)

- Call: Loretta 705-432-3322 Ext. 106

Bowmanville Health Centre

You **will need** your health card (green-OHIP- card)

- Call first to register: 905-623-6458
- Follow their Facebook page: [search/click: 'Bowmanville Health Centre'](#)

Durham Region Health Department (DRHD)

Information about COVID-19 and vaccines. Call to speak with a housing inspector if you have concerns about your housing

- Call: +1-888-841-2729
 - To speak to a housing inspector

Walk-In Clinic at Walmart Bowmanville

You **will need** your health card (green-OHIP- card)

- Located in Bowmanville Walmart Superstore
- Call: 905-697-1466

Oshawa Clinic Group

You **will need** your health card (green-OHIP- card) Offer health care services in Oshawa and Courtice

- Call: 905-723-8551

Telehealth Ontario

Call for health advice or information, 24/7. It is free and confidential

- Call: +1-866-797-0000
 - Once you have reached a telephone agent, you can ask for service in other languages



Workplace Health and Safety Support

Occupational Health Clinics for Ontario Workers (OHCOW)

Occupational Health and Safety information and support

- Call/WhatsApp: +1-289-684-2821
- Email: mfw@ohcow.on.ca
- Follow Us on Facebook [search/click: OHCOW Ag-Program](#)

Workplace Safety & Prevention Services (WSPS)

Health and Safety information and Training: Agriculture & Horticulture Safety Centre

- www.wspcs.ca/agriculture-safety-centre

WSIB

For injury or illness at the workplace (including COVID-19) you are eligible to receive benefits and services if your claim is authorized.

- Call toll free: 1-800-387-0750
- Info guide: [Click Here](#)
- COVID Video: [Click Here](#)

Ontario Ministry of Labour, Training and Skills Developing (MLTSD)

If conditions at your workplace are unsafe

- Call: +1-877-202-0008
 - Press 2 to report a complaint (including COVID-19 concerns)
 - Once you've reached a telephone agent, you can ask for services in other languages
 - Info poster (click): [Health & Safety at Work \(ontario.ca\)](#)

If you have a problem with your pay, your hours of work, or if you are being treated unfairly

- Call: +1-800-531-5551
 - Once you've reached a telephone agent, you can ask for services in other languages
 - Info poster (click): [Employment Standards in Ontario](#)



Getting Help for Stress and Worry

Watari Migrant 2 Migrant Program

Telephone support & free counselling services

- Call: 236-858-5562
604-782-5084
- Follow their Facebook page: [search/click: 'Watari Counselling and Support Services'](#)

ConnexOntario

FREE service that is available to listen, provide support, and connect you to other services in your region

- Call: +1-866-531-2600
 - Available 24/7
 - Interpretation support available, ask for your language of preference

Canadian Mental Health Association Durham

Provides information, presentations, and workshops and can connect you to other local services and supports

- Call: +1-844-436-8760
- Follow their Facebook page: [search/click: 'Canadian Mental Health Association Durham'](#)

Durham Mental Health Services (DMHS)

Mental health information and support

- Call: 905-666-0483
+1-800-742-1890
- Follow their Facebook page: [search/click: 'Durham Mental Health Services'](#)



Reporting Situations of Abuse or Emergency

If you are facing abuse as a temporary foreign worker call Service Canada's telephone tip line

- Call: +1-877-202-9448
 - Once you have reached a telephone agent, you can ask for services in other languages

In An Emergency Call 911 (Ambulance, Police, Fire)

Translators are available 24/7 in over 240 languages

- Call: 9-1-1

If you think that you, or someone you know, are a victim of human trafficking call the Canadian Human Trafficking Hotline toll-free

- Call: +1-833-900-1010
 - Hotline Response Advocates are available 24/7