

# COVID-19

Omicron is a highly transmissible AIRBORNE virus that still disrupts, disables and kills

# STOP THE SPREAD

Before **IT** Stops You  
by layering these key controls

Vaccination alone  
is **NOT** enough!



## CLEAR THE AIR

Maximize fresh air "in"

Clean with MERV-13 filters, HEPA or DIY units

Increase ventilation to 6+ fresh / clean ACH

Monitor CO2 levels in occupied spaces:

- 600 ppm: okay
- 800 ppm: caution
- >1,000 ppm: action needed



## MASK SMART

Critical to protect you and others

Fit: no gaps; check seal

Filter: **Best** – CA-N95, CA-N99, N95, elastomeric

**Good** – KN95 / KF94 (if proper fit)

**Fair** – Medical mask with brace

Function: per contacts, time, activity, environment and frequency

Increase protection for higher exposure



## CLOSE THE GAPS

Many "layers" to protect

Reduce contacts and occupancy

Take extra care when eating or active

Vaccinate / Boost when able

Isolate 10 days if sick or test positive (+)

