## COVID-19 STOP THE SPREAD Omicron is a dangerously Before IT Stops You

transmissible AIRBORNE virus that disrupts, disables and kills

## Before IT Stops You... by layering these key controls

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## Vaccination alone is **NOT** enough!

- Masks Control source to reduce spread
- Ventilation maximize fresh, clean air changes (6+ ACH)
- **Vaccination** reduce risk of illness and spread
- Filter Air remove particles with MERV-13 or HEPA filters
- **Respirators** Fit / Filter / Function for best protection
- **Distancing** Reduce contacts and stay far apart
- Rapid Testing Before gathering or if you feel ill
- **Isolation** stay home if sick; 10 days if positive (+)

\*Air changes per hour

Learn more at www.ohcow.on.ca/covid-19/

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