

Hurt or sick because of your job? Have COVID-19?

Here's how to get help



Scan this code with your phone camera to watch a video:



You have a right to compensation for lost wages or medical costs if you get hurt or sick because of your job.

- Tell your employer however small it seems. Tell your co-workers too, if that feels right or it's COVID.
 - Get medical help right away at a community health centre, walk-in clinic, hospital.
- Tell the Ontario WSIB*. Call: 1-800-387-0750. When you reach an agent, ask to speak to someone in your language. Ask OHCOW, a community group, legal aid clinic or your consulate for help to make a claim.

*Ontario workers' compensation agency

continued...

- - Your employer and doctor also must fill out forms about your case. Ask for copies.
- If approved, benefits include replacing wages, medical expenses (here or in your home country), and more.
- If your claim is turned down, you can appeal. Legal aid clinics help with this.
- If you need medical information or help, OHCOW is set up to do that for workers.



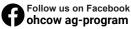


Toll-free: 1-866-521-8535 Local Legal Aid Clinic Find the nearest one: 1-800-668-8258

Community groups can help too:

Occupational Health Clinics for Ontario Workers (OHCOW)

Text, WhatsApp or Call: 1-289-684-2821



eMail: **mfw@ohcow.on.ca** www.ohcow.on.ca