



Occupational
Health Clinics
for Ontario
Workers Inc.

Centres de
santé des
travailleurs (ses)
de l'Ontario Inc.

RSI DAY+ 2019 Agenda
20th Anniversary
“Looking Back and Moving Forward”
February 28, 2019
8:30 AM— 1:30 PM EST

8:00 am – 8:30 am	Registration
8:30 am – 8:50 am	Welcoming Messages
8:50 am – 9:10 am	<p><i>Catherine Fenech</i> <i>RSI Day Founder</i> <i>Pre-Recorded</i> <i>RSI Day 20 Years Later</i></p> <p>Learn about how RSI Day came into existence 20 years ago, what has been gained and lost, and where should it go from here moving forward?</p>
9:10 am – 10:10 am	<p><i>Amin Yazdani</i> <i>Professor</i> <i>CRE-MSD</i> <i>Introduction to Ontario's New MSD Prevention Guidelines</i></p> <p>In October, the new web-based Musculoskeletal Disorder (MSD) Prevention Guidelines was released which provided updated content and a host of tools and resources targeted to meet the needs of organizations of all types and sizes to address the prevention of MSDs. Learn more about the new guidelines to be able to implement change at your workplace.</p>
10:10 am – 10:25 am	Break
10:25 am – 11:10 pm	<p><i>Katie Goggins, MHK, HBSc</i> <i>PhD. Natural Resources Engineering Candidate</i> <i>CROSH/Laurentian University</i> <i>Vibration-Induced White-Foot (VIWFt)</i></p> <p>VIWFt has been a misunderstood and overlooked disorder, as foot-transmitted vibration exposure has been lumped in with standing whole-body vibration exposure. Learn more about VIWFt and what</p>

	new research has discovered with respect to measurement and prevention.
11:10 am – 11:55 pm	<p><i>Daryl Stephenson</i> <i>Ergonomist</i> <i>OHCOW Hamilton</i> <i>Concussions in the Workplace</i></p> <p>From sports to workplaces, concussions are often under-reported despite the potential long term health effects.</p>
11:55 pm – 12:30 pm	<p><i>Trevor Schell</i> <i>Ergonomist</i> <i>OHCOW Sudbury</i> <i>Moving Forward</i></p> <p>A facilitated discussion amongst the speakers, and participants online and in the audience to determine what is important with respect to musculoskeletal disorders such as prevention, recognition and research.</p>
12:30 pm –12:40 pm	Closing Remarks
12:40 pm –1:30 pm	Lunch for those in attendance

Thank you for attending this year's RSI Day event. We appreciate any and all feedback.

Location:

In Sudbury Area:

eDome
Cambrian College
1400 BarryDowne Rd
Parking at Cambrian College is \$8.00.

Outside of Sudbury:

Online
Link provided a few days before event



Cost:

Free with your ongoing commitment to occupational health

Handouts

A few days prior to the event, a link will be provided to download handouts of the presentations. *For those attending in Sudbury, we will no longer be printing copies of the handouts.

Online Access

A link to login to the event will be provided a few days prior to the event.

A test date is being held on **February 27, 2019 at 1 pm EST** to ensure your firewall will not interfere with the broadcast. Please ensure your IT support staff is aware of the signal test to offer assistance. A link will be provided prior to the date.

Technical support will not be available the day of the event.

Registration

Please click [here](#)

RSVP by February 25, 2019