



Mayday, Mayday

A Symposium on Workplace Mental Health (WMH), Stress and Injury Prevention

Monday, May 27, 2019

8:30am – 1:00pm

Nancy's Auditorium, YWCA

87 Elm St., Toronto

Agenda

Am/Pm

- 8:30 Registration and networking while we set up (*unable to provide refreshments, sorry*)
- 8:45 Welcome
- 8:50 Opening Remarks, Mr. Ron Kelusky, Chief Prevention Officer, Ministry of Labour
- 9:00 Opportunities for Prevention: Highlights from the new 2019 EKOS Canadian *MIT/COPSOQ* dataset, John Oudyk, OHCOW
- 9:30 Manitoba Psychological Safety Strategy & "A Hazard is a Hazard" Training Program, Geoffrey Thompson, Manitoba Federation of Labour Occupational Health Clinic
- 10:00 Ontario's Harassment & Violence Regulation Update, Christopher Boccinfuso, Ministry of Labour
- 10:30 *Water, Snack (bring your own) & Networking Break*
- 10:50 Mental Injury Prevention through Concussion Recognition and Mitigation, Dr. Daryl Stephenson, OHCOW
- 11:20 Workplace Mental Health Success Strategies from the Trenches, Terri Symanski, OPSEU
- 11:50 Here to Help: WMH Initiatives, Tools and Resources Update from Around the Province including:
- OHCOW – StressAssess Survey, App and Tools
 - WSPS – new WMH Certification course, ThinkMentalHealth website and WMH Program offerings
 - PSHSA –First Responder & Health Care PTSD + Harassment Prevention Tools
 - CMHA – Mental Health Works Program
- 12:30 What else can/should we do to assist workers and workplaces? - *Wrap-up and Discussion*, Workplace Mental Health Working Group
- 12:55 Farewell
- 1:00 Networking lunch (*with individual bills*) for those interested at Pizzeria Via Mercanti, adjacent to the lobby