

Ergonomic? Yes? No? Maybe?



Occupational Health
Clinics for Ontario
Workers Inc.

Centres de santé
des travailleurs (ses)
de l'Ontario Inc.

Presented by:
Trevor Schell, M.Sc, CCPE

Risk Factors



- Posture
- Force
- Repetition
- Vibration
- Temperature

Keyboard Tray



Keyboard Tray



Keyboard Tray



Keyboard Tray



Keyboard Tray



Keyboard Tray



Ergonomic Keyboard



Ergonomic Keyboard



Ergonomic Food Chopper



Ergonomic Food Chopper



Ergonomic Paint Brush



Ergonomic Paint Brush



Office Chair



Office Chair



Laptop



Laptop



Ergonomic Snow Shovel



Ergonomic Snow Shovel



Ergonomic Arm Rests



Ergonomic Arm Rests



Ergonomic Toothbrush



Ergonomic Toothbrush



Height Adjustable Handles



Height Adjustable Handles



Mop Buckets



Mop Buckets



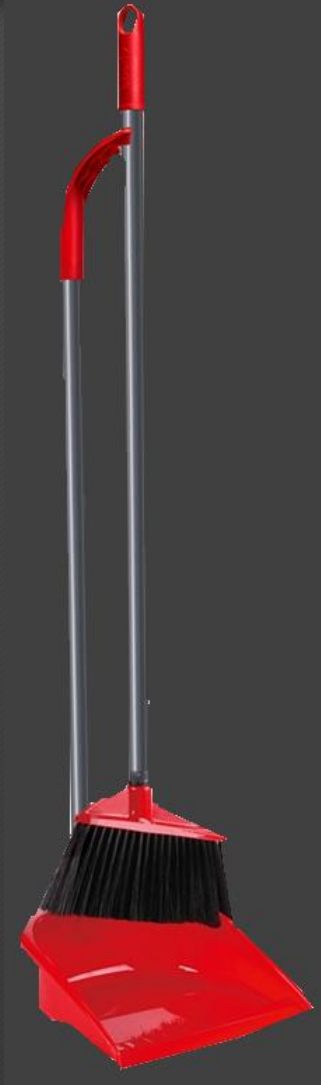
Toilet Brush



Toilet Brush



Dustpans



Dustpans



Conclusion



- Just because it says ergonomic does not mean it is
- Use caution before buying

For More Information Contact your Local OHCOW Clinic



1-877-817-0336

www.ohcow.on.ca

- HAMILTON
- OTTAWA
- SARNIA-LAMBTON
- SUDBURY
- THUNDER BAY
- TORONTO
- WINDSOR