



# Mayday, Mayday

A Symposium on Workplace Mental Health (WMH), Stress and Injury Prevention

Wednesday, May 3, 2017

8:30am – 3:45pm

YWCA, Nancy's Auditorium, 87 Elm St. Toronto, ON

*By Invitation only – to Ontario OHS Prevention System Partners and invited Stakeholders*

## Agenda

- 8:30 Registration
- 9:00 Opening remarks, Minister of Labour Mr. Kevin Flynn
- 9:15 *StressAssess "Launch", CCOHS & OHCOW*
- 9:30 Mayday, Mayday – A Call to Action against Stress & Mental Injury, Dr. Fergal O'Hagan, Trent University
- 10:15 *May Minute: WSPS WMH Experience, Resources & Services, Ms. Danielle Stewart*
- 10:25 Networking Break
- 10:45 Preventing Mental Injury using a Survey tool, Mr. John Oudyk, OHCOW
- 11:15 *May Minute: Mental Injury Toolkit Guide & Implementation, Ms. Terri Aversa, OSSTF*
- 11:25 Challenges & Solutions Workshop, John, Terri and all
- 11:55 Networking Lunch
- 12:40 Building an Understanding Nomenclature Workshop, Ms. Kim Slade, PSHSA and all
- 1:10 Successful Strategies for Preventing PTSD, Dr. Carol Parrott, C. Psych
- 1:55 *May Minute: PSHSA WMH Experience, Resources & Services, Ms. Kim Slade*
- 2:05 Networking Break
- 2:20 *May Minute: CCOHS WMH Experience, Resources & Services, Mr. Gareth Jones*
- 2:30 Achieving Psychological Safety at Work, Dr. Martin Shain, Principal, Neighbour at Work Centre
- 3:15 Wrap-up and discussion reflecting on the day, Ms. Valerie Wolfe, OHCOW
- 3:30 Closing comments, Chief Prevention Officer, Mr. George Gritziotis