



Occupational
Health Clinics
for Ontario
Workers Inc.

Centres de
santé des
travailleurs (ses)
de l'Ontario Inc.

Hamilton LAC
Midwinter Warm-up
Prevention Tools and Advocacy Tips

Saturday February 11, 2017

OPSEU Reg. 2 Office, 505 York Blvd., 2nd Floor, Hamilton, ON L8R 3K4

Registration through OHCOW (www.ohcow.on.ca), no cost for attendance although registration is required prior to the event as space is limited.

Program

- 8:00 am Doors open* and Registration
- 8:45 **Welcome and Introductions**, Russ Archibald, TCRC and Chair, Hamilton LAC
- 9:00 **Indoor Air Quality and Noise Tools**, Masood Ahmed, OHCOW
- 9:20 **Advocate Resources and Networking**, Dave Wilken, OHCOW
- 9:50 **Online Ergo Tools**, Mike Sonne, OHCOW
- 10:10 **Break***
- 10:30 **Leveraging OHCOW Reports**, Lynda Horne, OWA and Rob Butler, B&S Associates
- 11:00 **Mental Injury Toolkit and App**, John Oudyk, OHCOW
- 11:20 **Mental Stress Updates and Psychological Entitlement**, Maryth Yachnin, Council, Industrial Accident Victims Group of Ontario (IAVGO)
- 12:10 Wrap up and question and answer session, networking opportunity

*Coffee, tea and light refreshments provided