

Prevention Requires Comprehension

Workers who understand rules and procedures, recognize hazards, communicate concerns, and avoid dangerous practices ensure a healthy, safe and productive workplace for all.

“I did not understand the directions they gave, I just tried to watch how my co-worker was doing the work, but still felt unsure for quite some time”

Mexican migrant farm worker, Durham region, speaking about not understanding work-task instructions.

OHCOW's Migrant Farm Worker Program is Here to Help

“The information was very important and easy to follow, we appreciated it”

Migrant farm worker, Niagara region

FREE Services for Farms & Farm Workers



Occupational Health & Safety Workshops



Effective Educational Resources



Help Translating your Existing Occupational Health and Safety Program Materials



Resource Tool Box for Farms



Workplace Consultations



Clinical Consultations

Migrant Farm Worker Program

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Occupational
Health Clinics
for Ontario
Workers Inc.

Centres de
santé des
travailleurs (ses)
de l'Ontario Inc.

Migrant Farm Worker Program



[ohcow.on.ca/mfw](https://www.ohcow.on.ca/mfw)
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About OHCO

OHCO is an Ontario Occupational Health and Safety Prevention System partner with a unique mandate to prevent occupational injury and disease through clinical and workplace services, plus outreach, education, tool development & research.

Interdisciplinary Team of Experts

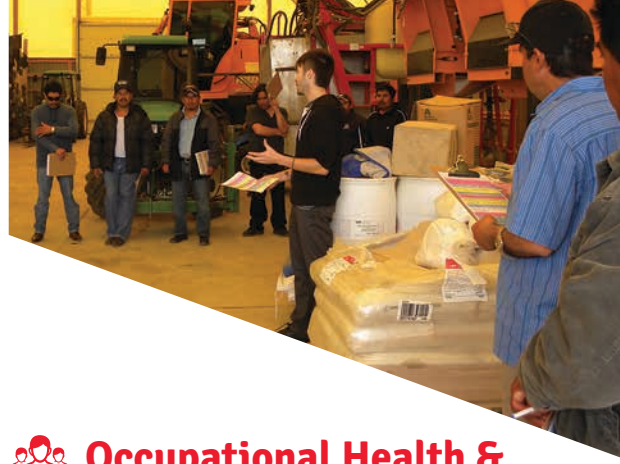
- ✓ Doctors
- ✓ Ergonomists
- ✓ Nurses
- ✓ Coordinators
- ✓ Hygienists
- ✓ Administrators

Migrant Farm Worker Program

Since 2006 we have offered our services to migrant farm workers, their employers and community partners including:

- ✓ Workshops for 1000+ migrant farm workers
- ✓ > 500 MFW clinic patients
- ✓ Health & Safety information, training & advice to farms in Durham, Haldimand-Norfolk & Niagara Regions plus Brant & Lambton Counties
- ✓ Services and resources also available for farmers, families and local workers

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Occupational Health & Safety Workshops

- ✓ Free of charge
- ✓ At the workplace (on the farm, field or elsewhere)
- ✓ In the community
- ✓ Groups as small as 5-10, or as large as 200
- ✓ Thorough but concise – 30 minutes to 1 hour
- ✓ Multilingual – English, Spanish and others

Effective Educational Resources

- ✓ Multiple Languages & Formats
- ✓ Simple, relevant and understandable
- ✓ Explain hazards and prevention
- ✓ Examples include: Sun/Heat; Eye Health; Pesticides; Strain/Sprain; Skin Hazards; Duties & Responsibilities; Effective Communication
- ✓ Download from website or request a Toolbox



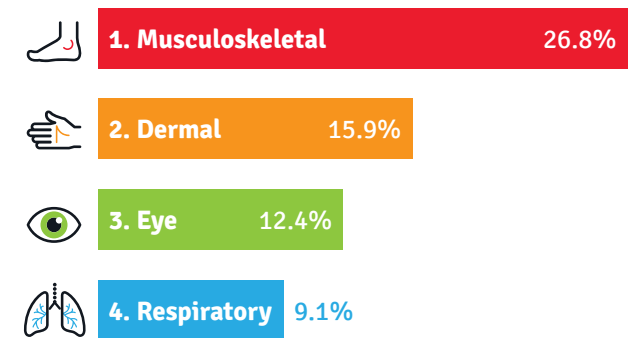
“Workshop provided increased awareness for safety and presented in the workers’ own language, a great benefit”

Norfolk County farm owner

Clinical Consultations

- ✓ Convenient and confidential
- ✓ Any health concern but focus on work-related
- ✓ No charge, and no health card required
- ✓ Identify trends for Program development
- ✓ Contact us to arrange a clinic in your area

Top 4 Occupational Health Issues Affecting Migrant Farm Workers



1. Muscle injury, strain, “pulls” & repetitive motion
2. Skin irritants & allergens
3. Eye irritants, injury or sun exposure
4. Exposure to irritants, toxins or allergens.
E.g. Mould, dust

Data Source: OHCO Clinical Data N=1058